

NEW

TAI CHI for NEWCOMERS



Ultra beginners class intended for those who have little or no Tai Chi experience

Learn Tai Chi Yang 24 Form
with Step-by-Step Instruction

Wednesdays at 11:00 am – 12:00 pm
Cool Springs Presbyterian Fellowship Hall
28843 Log Cabin Hill Rd, Lewes

Classes starting September 9, 2026

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Membership at LSAC required. First class free. \$7/class after

